

High Ropes

Description: Students get an opportunity to try our 40 foot ropes course on one of eleven elements. Challenge by choice is talked about with the students, allowing each student to choose their own goal while still pushing themselves. At High Ropes all of our staff are trained in belaying and safety of high ropes.

Learning Skills: Initiative, Self-Regulation, and Collaboration

Grade 5- 8: Health and Physical Education

Overall:

Living Skills:

- Personal Skills
- Interpersonal Skills
- Critical and Creative Thinking

A. Active Living

- A1. Active Participation
- A2. Physical Fitness
- A3. Safety

B. Movement Competencies: Skills, Concepts, and Strategies

- B1. Movement Skills and Concepts
- B2. Movement Strategies