

Rock wall

Description: Our Rock Wall, found hidden in the woods is complete with overhangs and challenging holds. Students are taught team belaying and help each other climb safely up the wall. At Rock Wall all staff is trained in belaying and rock wall safety.

Learning Skills: Collaboration, Initiative, Self-Regulation

Grade 5- 8: Health and Physical Education

Overall:

Living Skills:

- Personal Skills
- Interpersonal Skills
- Critical and Creative Thinking

A. Active Living

- A1. Active Participation
- A2. Physical Fitness
- A3. Safety

B. Movement Competencies: Skills, Concepts, and Strategies

- B1. Movement Skills and Concepts
- B2. Movement Strategies